FOR IMMEDIATE RELEASE

Suncor Energy to release third quarter 2009 financial results

Calgary, Alberta (October 30, 2009) – Suncor Energy Inc. will release its third quarter financial results on Friday, November 6, 2009 at 12:30 a.m. MT / 2:30 a.m. ET.

Following the release, a teleconference to review the third quarter will be held at 7:30 a.m. MT / 9:30 a.m. ET. Representing management will be Rick George, president and chief executive officer, Steve Williams, chief operating officer, Bart Demosky, chief financial officer and John Rogers, vice president, investor relations. A question and answer period will follow brief remarks from management.

To participate in the teleconference:
• if calling from North America:  1-800-731-5319
• if calling from outside North America: +1-416-644-3426

To participate in the conference via webcast, go to www.suncor.com/webcasts.

An archive of the conference call will be available until November 20, 2009.

To access the archive:
• from North America:  1-877-289-8525 (pass code: 4169419 followed by the pound sign)
• from outside North America: +1-416-640-1917 (pass code: 4169419 followed by the pound sign)

Suncor Energy Inc. is Canada’s premier integrated energy company. Suncor’s operations include oil sands development and upgrading, conventional and offshore oil and gas production, petroleum refining, and product marketing under the Petro-Canada brand – a proud National Partner to the Vancouver 2010 Olympic and Paralympic Winter Games. While working to responsibly develop petroleum resources, Suncor is also developing a growing renewable energy portfolio. Suncor’s common shares (symbol: SU) are listed on the Toronto and New York stock exchanges.

- 30 -

For more information about Suncor Energy Inc. please visit our web site at www.suncor.com .

For more information:
Media inquiries: Sneh Seetal 403 296-6034
Investor inquiries: Helen Chan 403 693-2048